



# St. Elizabeth Seton Catholic School

## October 2018 Lunch Menu

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

### ALL MAIN EVENTS AND SWAP OUTS:

Your meal comes with the choice of:  
Fruit and Vegetable  
Milk, or Water

Student Lunch	\$4.00
Entrée Only	\$3.00
Adult Lunch	\$4.00

### Maschio's Swap Outs

- Monday:** Grilled Cheese Sandwich
- Tuesday:** Cheeseburger on a Bun
- Wednesday:** Ham, Turkey, and Cheese on a Bun
- Thursday:** Mozzarella Sticks with Marinara Sauce
- Friday:** Chef Salad with Dinner roll

### Maschio's Swap Outs Available Daily

**Bagel Meal**– Bagel with spread, Cheese Sticks, Fresh Fruit, Fresh Vegetable and Beverage

**Chicken Caesar Salad** with Dinner Roll

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Turkey Corn Dog Nuggets</b> Dinner Roll Fries Fresh or Chilled Fruit	2 <b>Ham and Cheese Melt on a Bun</b> Freshly Prepared Tomato Soup Fresh Veggie dippers Fresh or Chilled Fruit	3 <b>Pasta with Meat Sauce</b> Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	4 <b>Hamburger or Cheeseburger on a Bun</b> Tater Tots Fresh or Chilled Fruit	5 <b>Cheese or Pepperoni Pizza</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
8 <b>Popcorn Chicken</b> Dinner Roll Fresh Veggie Dippers Fresh or Chilled Fruit	9 <b>Meatball Parm Hero</b> French Fries Fresh or Chilled Fruit	10 <b>Breakfast for Lunch</b> <b>Waffles</b> Breakfast Sausage Tater Tots Fresh or Chilled Fruit	11 <b>Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa</b> Steamed Rice Corn Fresh or Chilled Fruit	12 <b>NO SCHOOL</b>
15 <b>Crispy Chicken Sandwich</b> Mashed Potatoes with Gravy Steamed Corn Fresh or Chilled Fruit	16 <b>Macaroni &amp; Cheese</b> Breadstick Steamed Broccoli Fresh or Chilled Fruit	17 <b>Hamburger or Cheeseburger on a Bun</b> Tater Tots Fresh or Chilled Fruit	18 <b>Breakfast for Lunch</b> <b>French Toast Sticks</b> Breakfast Sausages Hash Brown Fresh or Chilled Fruit	19 <b>Pizza Crunchers</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
22 <b>Chicken Nuggets</b> Confetti Rice Green Beans Fresh or Chilled Fruit	23 <b>Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa</b> Steamed Rice Corn Fresh or Chilled Fruit	24 <b>Grilled Chicken Sandwich</b> Fries Celery Sticks Fresh or Chilled Fruit	25 <b>Pasta with Meatballs &amp; Marinara Sauce</b> Garlic Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	26 <b>Cheese or Pepperoni Pizza</b> Freshly Prepared Italian House Salad Fresh or Chilled Fruit
29 <b>Lucky Tray Day</b> <b>Crispy Chicken BLT on a Roll</b> Cucumber Coins Fresh or Chilled Fruit	30 <b>All Natural Beef Hot Dog on a Bun</b> Oven Baked French Fries Fresh or Chilled Fruit	31 <b>Early Dismissal</b> <b>NO LUNCH</b>		<b>Macaroni &amp; Cheese</b> Breadstick Steamed Broccoli Fresh or Chilled Fruit

Questions or Concerns? Please visit [www.maschiofood.com](http://www.maschiofood.com)  
Or call Maschio's Food Services at: 386-445-2411

Cash, checks, and online payment are accepted.  
Online payments can be made at  
**www.payforit.net**  
Please make checks payable to:  
Maschio's Food Services, Inc.



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"