



St. Elizabeth Seton Catholic School

May 2018
Lunch Menu

NUTRITION NEWS: May is here which means it is officially National BBQ Month and time to grill outside in the warm weather! Try something different this season by grilling more than just some burgers and hot dogs. Consider grilling seasoned whole ears of corn and skewered vegetables kabobs for a fun family side dish. Also don't be afraid to grill summer market fruits like peaches, strawberries, and apples for a sweet treat!

ALL MAIN EVENTS AND SWAP OUTS: Student Lunch \$4.00
 Your meal comes with the choice of:
 Fruit and Vegetable Milk, or Water
 Entrée Only \$3.00
 Adult Lunch \$4.00

Maschio's Swap Outs

Monday: Grilled Cheese Sandwich
Tuesday: Cheeseburger on a Bun
Wednesday: Ham, Turkey, and Cheese on a Bun
Thursday: Mozzarella Sticks with Marinara Sauce
Friday: Chef Salad with Dinner roll

Maschio's Swap Outs Available Daily







Bagel Meal– Bagel with spread, Cheese Sticks, Fresh Fruit, Fresh Vegetable and Beverage

Chicken Caesar Salad with Dinner Roll

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast for Lunch Waffles Breakfast Sausages Tater Tots Fresh or Chilled Fruit	2 Hamburger or Cheeseburger on a Bun Fries Fresh or Chilled Fruit National Hamburger Month	3  Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Steamed Rice Corn Fresh or Chilled Fruit	4 STAR WARS DAY Lightsaber Pizza Sticks with Marinara Sauce Chewbacca Cucumber Coins Fresh or Chilled Fruit School Lunch Hero Day
7 Chicken Nuggets Garlic Breadstick Vegetable Medley Fresh or Chilled Fruit	8 Pasta Primavera with Garden Vegetables Garlic Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	9 Meatball Parm Sub Peas and Carrots Fresh or Chilled Fruit	10 Teriyaki Chicken with Rice Steamed Broccoli Fresh or Chilled Fruit	11 Half Day No Lunch Served
14 Chicken Tenders Freshly Prepared Country Slaw Fresh or Chilled Fruit	15 Cheese Quesadilla with Salsa Southwestern Corn Fresh or Chilled Fruit National Salsa Month	16  Chicken Sticks with Waffle Sticks Tater Tots Fresh or Chilled Fruit	17 Pizza Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	18 School Closed
Vegetarian Awareness Week				
21 Crispy Chicken BLT Sandwich Potato Wedges Fresh or Chilled Fruit	22 Hot Dog on a Bun Vegetable Pasta Salad BBQ Baked Beans Fresh or Chilled Fruit National BBQ Month	23 Creamy Mac & Cheese Soft Pretzel Stick Steamed Broccoli Fresh or Chilled Fruit	24 Breakfast for Lunch Pancakes Breakfast Sausages Hash Browns Fresh or Chilled Fruit	25 Bella's Pizza New York Style Freshly Prepared Italian House Salad Fresh or Chilled Fruit
28  Memorial Day School Closed	29  CHEF DAY!	30  CHEF DAY!	31  CHEF DAY!	

Questions or Concerns? Please visit www.maschiofood.com
 Or call Maschio's Food Services at: 386-445-2411

Cash, checks, and online payment are accepted.
 Online payments can be made at
www.payforit.net
 Please make checks payable to:
 Maschio's Food Services, Inc.



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"